SONGS OF HOPE

# Sitting at God's Table

The LORD is my shepherd; I shall not want.
<sup>2</sup> He makes me lie down in green pastures.
He leads me beside still waters.
<sup>3</sup> He restores my soul.
He leads me in paths of righteousness for His name's sake.

<sup>4</sup> Even though I walk through the valley of the shadow of death, I will fear no evil, for You are with me; Your rod and Your staff, they comfort me.

<sup>5</sup> You prepare a table before me in the presence of my enemies;
You anoint my head with oil; my cup overflows.
<sup>6</sup> Surely goodness and mercy shall follow me all the days of my life,
and I shall dwell in the house of the LORD forever.
Psalm 23 (ESV)

1. If you won't let Him be your shepherd...

2. Sometimes the right paths...

3. Don't let your enemies...

S

N

 $\square$ 

of

Are you new here?

We'd love to invite you to our Newcomers Lunch! Share your contact details via QR code or fill in below and place in the offering bag



×

Name Email





## HIGHLIGHTS

#### $AUG \ 30$ island youth small groups invitation

Parents and students are invited to join us as we launch Island Youth small groups. Small groups are the best way for your student to grow in their faith, feel connected and make healthy friendships. Parents are invited to our kick-off night to meet your youth's small group leaders. Dinner starts at 6:30 pm, 11/F The Well. For more info, email youth@islandecc.hk

#### $\mathsf{SEP}\ 2$ women's bible study: the book of john

How well do you know the Son of God? Are you convinced that what He said about Himself is true? From beginning to end, John reveals Jesus as the Son of God. Join this study as we take a closer look into chapters 1 - 6 of the Book of John. Every Monday, 7 - 9 pm, 11/F Classroom. For more info, email women@islandecc.hk

### SEP 8 NEWCOMERS LUNCH

If you're new to the church and want to know more about Island ECC, please join us for a Newcomers Lunch, 1:15 pm, 10/F Living Room. If we can help you with anything else, please email new@islandecc.hk

### SEP 9 Alpha course fall 2019

Alpha is for anyone who's curious about the Christian faith. Join us for a ten-week series of interactive sessions that include dinner, videos, and discussions. We'll explore the basics of the Christianity in a friendly and informal environment. Mondays, Sep 9- Nov 11. 7:00 pm, 2/F Worship Hall. For more info, visit islandecc.hk/alpha

#### SEP 15 mandarin alpha course 2019

We are starting a Mandarin Alpha on Sunday, at 9:30 am in 10/F Classroom. If you are interested in participating or helping, please email mandarin.alpha.islandecc@gmail.com

#### SEP 15 grow discipleship course

GROW deeper in your relationship with God by developing good habits like quiet time, learning to read God's Word and sharing deep bonds of fellowship. Info session on Sunday, 1:30pm, 11/F The Well.

### SEP 19 care group connect

Care Group Connect is a fun way to join a care group. In this 8-week group, you will meet friends and form a group with those whom you resonate with. Through our study materials and support, you will be part of a care group that continues to meet in the long term. Thursdays, Sep 19 - Nov 7, 7:30 - 9:30 pm. Sign up: islandecc.hk/cgform

#### SEP 19 PARENT TALK: HELPING CHILDREN COPE WITH STRESS AND ANXIETY

With the new school year comes many pressures, stressors and anxiety for our children. Come and hear from Monica Chang, a counselor at Chinese International School, deliver ways to help your children decode the stress and anxiety they encounter and ways to encourage them when they face these challenges. Register online. For inquiries, email family@islandecc.hk.

# SEP 27 UNASHAMED: FREEDOM FROM SHAME AND UNWORTHINESS

Asia has an emphasis on shame that can be paralysing. This is not what God wants. He desires us to live daily from His likeness where there is dignity, worth and self-respect. Join us to experience God's assurance and inner healing with Sandra Sellmer-Kersten on Sep 27-28, 1/F, Auditorium. Ticket cost at \$300. Register at islandecc.hk/unashamed

### OUTREACH

#### TODAY UPDATE ON SYRIAN REFUGEE CRISIS IN LEBANON

Millions of lives have been uprooted during the Syrian Refugee Crisis and countless have relocated to refugee camps and new cities. God is at work in these broken communities and transformation is taking place! Join us at 4:30 pm, 10/F Classroom to hear stories from Supported Partner, Becky Coomer, who teaches among the refugee population in Lebanon.

# CLASSES & SUPPORT GROUPS

To register and for more information on the following classes, go to islandecc.hk/classes.

### TODAY summer talks: unspoken grief

Come join Pastors Rick Bates and Tim LaTour as they discuss the "unspoken grief" that so many of us live with, but rarely talk about. 3 - 4:30 pm, 10/F Worship Hall.

### SEP 1 summer talks: managing success

Come join Lincoln Venancio in this practical talk directed at understanding how success can be pursued in Hong Kong whilst remaining within the boundaries that God sets. 3 – 4:30 pm, 10/F Worship Hall.

### SEP 4 communicating with your helper

If you're an employer of a domestic helper, join us for a practical workshop taught by Melanie Leung-Shea of Helpwise on how to reduce common misunderstandings and cultural clashes in our everyday communications with our helpers. 7:30 – 9:30 pm, 11/F Classroom.

# SEP 6 MANAGING ACUTE STRESS REACTIONS IN AN UNSETTLING WORLD

Being exposed to news, disturbing images, and heated discussions about the protest may cause us to experience psychological distress. Join Zanonia Chiu, clinical psychologist, to learn methods to manage stress and regulate our emotions. 7:30 – 9:30 pm, 10/F Worship Hall.

## JOB OPPORTUNITIES

For more information about the below job opportunities, go to islandecc.hk/about-us/employment-opportunities. If you are interested, send your CV and cover letter to hr@islandecc.hk.

- Sunday Nursery Assistant
- Part-time Coordinator of Women's Ministry
- Part-time Coordinator of Men's Ministry
- Programme Coordinator (Hope of the City)

### PASTORAL CARE

If you are distressed due to the recent turmoil in the city and need someone to talk to or a counsellor to help you, please contact us at pastoralcare@islandecc.hk

#### Giving through our Island ECC App:

If you would like to participate in offering by using our church app, simply open the app, click for "more", and then click "give."

GENERAL OFFERING LAST 2 WEEKS (Thousands HKD)			YEAR TO DATE	
Budget Giving Variance BOLD FAITH	<b>12 Aug</b> 1,538 867 (671) FUND	<b>19 Aug</b> 1,538 1,006 (532)	Budget Giving <b>Variance</b>	(51 Weeks) \$78.4M \$73.2M _ <b>-\$5.2M</b> 6.6%
Received \$158.3 M			Pledges to be received	\$17.1 M

#### GIVING TO ISLAND ECC

We encourage those who consider Island ECC their church home to prayerfully give a percentage of their income to the church on a regular basis.

Cheques payable: 'Island ECC Ltd' for Hong Kong tax receipts or 'Friends of Hong Kong Charities Inc' for US tax receipts.

#### Enquiries: finance@islandecc.hk