

# Welcome!

Have you seen the recent animated Pixar movie, Inside Out? My kids kid me about falling asleep in animated movies, but this one kept me awake. It's well done, in my opinion. It's about the development and power of emotions.

Jonah should have seen the movie. His stubborn emotions get the best of him, and we find him at the end of the story miserable in his own anger.

The tragedy of Jonah can easily be ours as well. See Jonah actually knew a lot about God. But he refused to let his emotions be ruled by truth. He kept his head and his heart separate. It wasn't healthy for Jonah, and it's never healthy for us either.

I hope you will be courageous enough to look at your own emotional well-being, and allow your heart to be grounded in truth.

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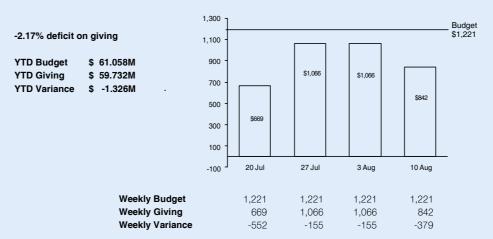
#### **GENERAL OFFERING**

**Executive Assistant** 

### FISCAL YEAR SEPT 2014-AUG 2015

#### YEAR TO DATE (50 WEEKS)

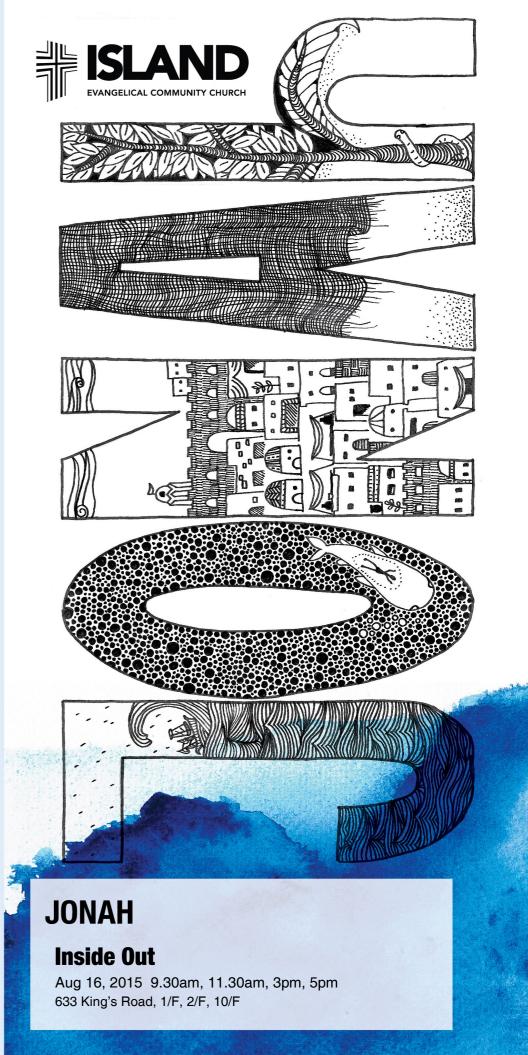
#### PAST 4 WEEKS (Thousands HKD)



GIVING TO ISLAND ECC We encourage those who consider Island ECC their church home to prayerfully give a percentage of their income to the church on a regular basis.

Cheques payable to 'Island ECC Ltd.' for HK tax receipts or to 'Friends of Hong Kong Charities Inc.' for US citizens. More info at www.islandecc.hk/give. Enquiries to karen.kwok@islandecc.hk.

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# COMING UP AT ISLAND ECC

# TODAY The Well — 11/F Youth Launch

Say goodbye to The Studio and hello to The Well, because Island Youth moves to the 11/F today! We are so excited about this new venue. Services start at 9.30am and 11.30am.

# AUG 19 Summer at The Village

It's not too late to join us at The Village on Wednesdays from 7.30-9.30pm! We're continuing this new spiritual rhythm with a 6-week study called Truefaced. Come for a time of connecting with God and other amazing women from all walks of life.

# AUG 23 Baptism Class

Baptism is an outward expression of an inward faith. If you're interested in being baptised, please plan to attend the 2-Sunday baptism class starting on August 23, 3pm (both classes required). You can register by emailing baptism@islandecc.hk.

# AUG 29 Sports Fellowship Junk Trip

The Sports Fellowship Junk trip is here again!! Come and spend time in the sun and meet a few new friends (9am-6pm). Cost is \$350 each for wakeboarding, food & snacks. Pick up point at Central Pier. Tickets are on sale now at 1/F Connect Counter after services.

# AUG 30 Basic Counselling for Small Group Leaders

Join Pastor Didi Wong for this 3 week class aimed at equipping small group leaders (care group, Bible study, men's/women's group) with basic counselling methods and skills on how to give godly counsel and advice, should do's and don't's, so that you can become a better listener and counsellor. 3pm, 8/F Classroom. Visit: https://www.islandecc.hk/classes/ for details.

# AUG 30 Men's Prison Ministry Training Course

This is an introductory class conducted by our supported partner, Kun Sun Christian Association. You will learn about reaching out to English speaking inmates in Hong Kong and have an opportunity to sign up to become a regular volunteer. Men and women are both welcome to attend but only male volunteers will be recruited for visitation. 2-5pm, 8/F Classroom.

# AUG 30 Outreach Open House

This is open to anyone interested in missions at Island ECC. No previous experience necessary! Light lunch is provided at 1.30pm, 10/F Worship Hall.

# SEP 4 RZIM Apologetics Conference — Early Bird Tickets

RZIM in Asia aims to equip Christian leaders as they endeavour to effectively give the reason for the hope that they have in Christ. Conference runs Sept 4-5. Early bird tickets at \$300 are available at the Connect Counters. For details, please visit: https://www.islandecc.hk/RZIM/.

# SFPT 6 New Classes

The Rise of Islam: How to Reach out to Muslims Effectively? — A one off class by Abdu Murray. Money & Marriage — A new 6 week study.

Visit https://www.islandecc.hk/classes/ for detail and registration.

#### **VBS Kids Club Volunteer Recruitment**

We are looking for Preschool and Elementary leaders for VBS (30 Aug-27 Sept). More information at 9/F Welcome Desk or contact kidsclub@islandecc.hk.

#### **Production Volunteers Wanted**

We are recruiting volunteers to be a part of our Production Crew for our Sunday services. We need dedicated people, with an eye for detail that want to help create a worshipful atmosphere, by helping with lyrics, slides and recording of our services. Contact Jason at crew@islandecc.hk.



# **On The City**

#### Staff Vacancies on the Marketplace

- Executive Assistant As the church is growing and we embark on our Bold Faith Initiative in September, the needs of our Senior Pastor and Executive Team require someone with energy and dedicated commitment to support the expanding work. We are looking for a mature Christian professional with outstanding communication and interpersonal skills; church experience preferred.
- Part-time Coordinator of Children's Ministries to help prepare for Kids Club and other related events. 20 hours per week including Sundays.

For details on the above go to the Marketplace/Jobs.

#### NEW TO ISLAND ECC?



### MEET US AT THE CONNECT COUNTER

We are so glad that you're here today and would love to get to know you! The Connect Counters are located on the 1/F, 2/F and 10/F. Volunteers are there to answer any questions you might have about Island ECC and its different ministries and events.



#### JOIN THE CITY

The City is the online connection point for Island ECC. It's limited to the people who attend our church and over 3,000 people are already using this fantastic tool. By creating an account and logging in, you'll have access to weekly devotionals, updates on events and the chance to connect with others. Sign up now at the Connect Counter.



### CHECK OUR WEBSITE

By visiting www.islandecc.hk, you'll have access to information about all our ministries, as well as a broad spectrum of resources - including video podcasts of sermons.

#### WHAT IT MEANS TO BECOME A CHRISTIAN



God loves you because he chooses to. "God wasn't attracted to you and didn't choose you because you were big and important... He did it out of sheer love..." (Deut. 7:7-8). He loves you so much that...



He gave Jesus, His one and only Son. While we do wrong things daily, Jesus is sinless. Though sinless, Jesus took our sin. He died on the cross in our place. Our response to this great gift is simple...



We trust Jesus to do what we can't. We don't trust our own efforts to save us. WE BELIEVE We can't save ourselves. We don't place our trust in other people to save us.



God gives us brand-new life. We have joy because of his Spirit living within us. Little by little his Spirit changes us to be more like Jesus. No guilt in life, no fear of death, He gives life, now ... and for eternity.

You can tell God you accept Him now.

"Father, I believe you love me. You gave your one and only Son so I can live forever with you. Apart from you, I die. With you, I live. I choose life. I choose you."

Worship and small groups at Children's Ministries



# Aug 16, 2015

# **Inside Out**

<sup>10</sup> When God saw what they did and how they turned from their evil ways, He relented and did not bring on them the destruction He had threatened.

Jonah 3:10

<sup>1</sup> But to Jonah this seemed very wrong, and he became angry.

<sup>2</sup>He prayed to the Lord, "Isn't this what I said, Lord, when I was still at home? That is what I tried to forestall by fleeing to Tarshish. I knew that You are a gracious and compassionate God, slow to anger and abounding in love, a God who relents from sending calamity.

<sup>3</sup> Now, Lord, take away my life, for it is better for me to die than to live."

<sup>4</sup>But the Lord replied, "Is it right for you to be angry?"

<sup>5</sup> Jonah had gone out and sat down at a place east of the city. There he made himself a shelter, sat in its shade and waited to see what would happen to the city. <sup>6</sup> Then the Lord God provided a leafy plant and made it grow up over Jonah to give shade for his head to ease his discomfort, and Jonah was very happy about the

<sup>7</sup>But at dawn the next day God provided a worm, which chewed the plant so that it

<sup>8</sup> When the sun rose, God provided a scorching east wind, and the sun blazed on Jonah's head so that he grew faint. He wanted to die, and said, "It would be better for me to die than to live."

<sup>9</sup>But God said to Jonah, "Is it right for you to be angry about the plant?"

"It is," he said. "And I'm so angry I wish I were dead."

<sup>10</sup> But the Lord said, "You have been concerned about this plant, though you did not tend it or make it grow. It sprang up overnight and died overnight.

<sup>11</sup> And should I not have concern for the great city of Nineveh, in which there are more than a hundred and twenty thousand people who cannot tell their right hand from their left—and also many animals?

Jonah 4:1-11