

**January 5, 2014**

## **Help!**

<sup>14</sup>For this reason I kneel before the Father, <sup>15</sup>from whom every family in heaven and on earth derives its name. <sup>16</sup>I pray that out of His glorious riches He may strengthen you with power through His Spirit in your inner being, <sup>17</sup>so that Christ may dwell in your hearts through faith.

And I pray that you, being rooted and established in love, <sup>18</sup>may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, <sup>19</sup>and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

<sup>20</sup>Now to Him who is able to do immeasurably more than all we ask or imagine, according to His power that is at work within us, <sup>21</sup>to Him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.

Ephesians 3:14-21