

Super Food: Words of Wisdom

How are we using the power of our words?

By Tim LaTour, September 11, 2022

How great a forest is set ablaze by such a small fire! And the tongue is a fire, a world of unrighteousness. The tongue is set among our members, staining the whole body, setting on fire the entire course of life, and set on fire by hell. For every kind of beast and bird, of reptile and sea creature, can be tamed and has been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison. With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers, these things ought not to be so.

James 3:5-10

But if you have bitter jealousy and selfish ambition in your hearts, do not boast and be false to the truth. This is not the wisdom that comes down from above, but is earthly, unspiritual, demonic. For where jealousy and selfish ambition exist, there will be disorder and every vile practice. But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere. And a harvest of righteousness is sown in peace by those who make peace.

James 3:14-18

REFLECTION QUESTIONS

1. Do you remember when someone said something really nice to you? How about something mean? How did those two experiences feel for you?
2. Is there anything in your heart that you feel needs to be changed to stop corrupting talk in your life? Think about all of your forms of communication. Would they be acceptable to God?
3. What are some ways you can use your words to build others up?