

One Another: Do Not Judge

By Eric Farmer, May 29, 2022

“Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you. “Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, ‘Let me take the speck out of your eye,’ when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.”

Matthew 7:1-5 (NIV)

How to make the most of a judgemental mindset:

1. Eat some humble.
2. Take your heart to counselling.

Brothers and sisters, do not slander one another. Anyone who speaks against a brother or sister[a] or judges them speaks against the law and judges it. When you judge the law, you are not keeping it, but sitting in judgment on it. There is only one Lawgiver and Judge, the one who is able to save and destroy. But you—who are you to judge your neighbor?

James 4:11-12 (NIV)

John Stott - “To sum up, the command to judge not is not a requirement to be blind, but rather a plea to be generous. Jesus does not tell us to cease to be men (by suspending our critical powers which help to distinguish us from animals) but to renounce the presumptuous ambition to be God (by setting ourselves up as judges).”

3. Get out of God's seat

Speak and act as those who are going to be judged by the law that gives freedom, because judgment without mercy will be shown to anyone who has not been merciful. Mercy triumphs over judgment.

James 2:12-13 (NIV)

You know how _____, but God has shown me _____.

REFLECTION QUESTIONS

1. Who is someone in your past or present who you would define as the least judgmental person? What kind of legacy have they left?
2. In your moments of being judgemental in the past, what are things you've heard your heart say?