

1. Learn to speak the language of an open heart

We have spoken freely to you, Corinthians and **opened wide our hearts** to you. 2 Corinthians 6:11 (NIV)

2. Take the initiative, and take responsibility.

We are **not withholding** our affection from you, but you are withholding yours from us. As a fair exchange - I speak as to my children - open wide your hearts also. 2 Corinthians 6:12-13 (NIV)

3. Take the risk and raise the bar.

REFLECTION QUESTIONS

- 1. On a scale of 1 to 10, how would others rate you as an open-hearted person?
- 2. What is your greatest barrier in becoming more emotionally generous?