

# Come Rain or Shine: Fog

## Navigating life when the way is unclear

By Brett Hilliard, August 08, 2021

After Jesus had finished instructing His twelve disciples, He went on from there to teach and preach in the towns of Galilee. When John, who was in prison, heard about the deeds of the Messiah, he sent his disciples to ask Him, “Are You the One who is to come, or should we expect someone else?”

Jesus replied, “Go back and report to John what you hear and see: The blind receive sight, the lame walk, those who have leprosy are cleansed, the deaf hear, the dead are raised, and the Good News is proclaimed to the poor. Blessed is anyone who does not stumble on account of Me.”

Matthew 11:1-6 (NIV)

Navigating life in a fog:

1. Recognise the fog.
2. Realise adjustments are required.
3. Remember what is true.
4. Restrain your instincts.
5. Respond, don't react.

### REFLECTION QUESTIONS

1. How adept are you at realising when you are in a “fog”? What are the warning signs for you?
2. What one truth is most helpful for you to remember when you are foggy in your spiritual life?