

# Come Rain or Shine: Climate Change

## Knowing how to change your environment

By Brett Hilliard, July 18, 2021

Now Abel kept flocks, and Cain worked the soil. In the course of time Cain brought some of the fruits of the soil as an offering to the Lord. And Abel also brought an offering - fat portions from some of the firstborn of his flock. The Lord looked with favour on Abel and his offering, but on Cain and his offering he did not look with favour. So Cain was very angry, and his face was downcast. Then the Lord said to Cain, "Why are you angry? Why is your face downcast? If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it." Now Cain said to his brother Abel, "Let's go out to the field." While they were in the field, Cain attacked his brother Abel and killed him. Then the Lord said to Cain, "Where is your brother Abel?" "I don't know," he replied. "Am I my brother's keeper?"

Genesis 4:2-9 (NIV)

### REFLECTION QUESTIONS

1. How aware are you of changes in your emotions? How did your family background encourage or discourage your emotional health?
2. What emotions are you most uncomfortable with? Why?