

# Chinese New Year: Finding the Blessed Life

## Happiness in Covenant with God

By Sherman Chau, February 21, 2021

1. We find the Blessed Life by glorifying God and enjoying Him forever.

So, whether you eat or drink, or whatever you do, do all to the glory of God.

1 Corinthians 10:31

You make known to me the path of life; in Your presence there is fullness of joy; at Your right hand are pleasures forevermore.

Psalms 16:11

I believe God made me for a purpose. He made me   , and when I   , I feel His pleasure.

2. We find the Blessed Life in blessing God.

Bless the Lord, O my soul, and all that is within me, bless His holy name! Bless the Lord, O my soul, and forget not all His benefits,

Psalms 103:1-2

who forgives all your iniquity, who heals all your diseases, who redeems your life from the pit, who crowns you with steadfast love and mercy, who satisfies you with good so that your youth is renewed like the eagle's.

Psalms 103:3-5

But the steadfast love of the Lord is from everlasting to everlasting on those who fear Him, and His righteousness to children's children, to those who keep His covenant and remember to do His commandments.

Psalms 103:17-18

We bless God by living in covenant relationship with the Father, through Christ, in the power of the Holy Spirit. We bless God by blessing Him in all circumstances.

## REFLECTION QUESTIONS

1. "I believe God made me for a purpose. He made me \_\_\_\_\_ , and when I \_\_\_\_\_ , I feel His pleasure."

(Fill in the blanks for yourself and remember this next time you do this activity.)

2. Personalise Psalm 103: list His benefits in your life and reflect on your covenant relationship with Him.