

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before Him He endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider Him who endured such opposition from sinners, so that you will not grow weary and lose heart. Hebrews 12:1-3

REFLECTION QUESTIONS

- 1. Is there a promise that you need to hold onto in your specific situation of life?
- 2. What is something that is hindering you from holding onto that promise?