Weight Limits

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, 2 fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before Him He endured the cross, scorning its shame, and sat down at the right hand of the throne of God. 3 Consider Him who endured such opposition from sinners, so that you will not grow weary and lose heart.

Hebrews 12:1-3

Care Group Guide

Weight Limits

- 1) What's one thing/object that you kept around for way too long (old T-shirts, a broken object, etc.)? Why were you holding on to it? What did it take for you to finally get rid of it?
- 2) What would your family or closest friends say are your regular, never-going-to-give-it-up habits or routines? Do any of those things cause you to get defensive when someone brings them up?
- 3) Hebrews 12:1 (NIV) begins by reminding us that we are "surrounded by such a great cloud of witnesses." How does the faith of other Christ-followers help you in your walk with God? Share how others' faith have inspired you.
- 4) Studies show people are more easily discouraged and give up quicker than ever before. Why is perseverance harder than it used to be? What does it look like to persevere in faith? What barriers might you have to overcome?
- 5) What are some practical ways to "fix your eyes on Jesus" (Hebrews 12:2 NIV)?







HILLIARD/BRETT May 26 2019 PASSENGER



AGF SEAT HILLIARD/BRETT

PASSENGER

MA04:8

ON VOYAG

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HIGHLIGHTS

TODAY BON VOYAGE TRAVEL KITS

Our custom-designed gift sets are now available for purchase! \$150 for the Travel Light Kit, which includes all 6 Bon Voyage souvenirs. Available on all service floors. .

JUN 1-2 "THERE IS MORE!" WOMEN'S RETREAT 2019

Last call to sign up before registration closes on May 29. In two amazing days, we will hear impactful preaching, share deep connection and have tons of fun. Visit facebook.com/thevillage.islandecc to learn more about the amazing details planned for you. Scholarship available. Sign up now at 1/F Connect Counter or visit islandecc.hk/womensretreat

IUN 2 KIDS CLUB: LOVE

Come join us for Kids Club FX to learn all about love - love others because God loves you! 1:30 - 2:30 pm, 10/F Auditorium. Please pick up free event tickets from 9/F Welcome Desk.

MF SUMMER PROGRAM: FIGHTING FIT

Let's honour God with our bodies this summer and restore our health! Understand your bodies by completing a full body assessment, set fitness goals, and participate in our very own fitness test. Fees are \$200/person for 2 remaining sessions on 4 June and 18 June. Register at 1/F Connect Counter. 7 - 9:30 pm, 10/F Auditorium.

JUN 9 NEWCOMERS LUNCH

If you're new to the church and want to know more about Island ECC, please join us for a Newcomers Lunch on 9 June, 1:15 pm, 10/F Living

JUN 16 KIDS CLUB SUMMER VOLUNTEER RECRUITMENT

Join us as a Kids Club Summer Volunteer! If you have a passion for kids and are interested in a short-term commitment over the 8 weeks of July and August, sign up at kidsclub@islandecc.hk or drop by our 9/F Welcome Desk. Training Dates: Sunday, 16 June 1:15 pm or Wednesday, 18 June 7:30 pm at 9/F Kids Worship Hall.

IUN 16 BAPTISM CLASS

If you're interested in being baptised, please plan to attend the 2-Sundays baptism class on June 16 & 24, 9:30 - 11 am at 10/F Classroom. Sign up at islandecc.hk/baptism.

CLASSES & SUPPORT GROUPS

To register and for more information on the following classes, go to islandecc.hk/classes

JUN 2 ISLAND BIBLE SEMINAR: CHRISTIAN FAITH AND LEGAL ARRANGEMENTS

If you or your parents are aging or like to plan ahead, then come to this seminar where Angelina Luk will address some proactive legal arrangements that are vital to making the later years of one's life more enjoyable by removing inconveniences. 3:30 - 5 pm, 10/F Auditorium.

JUN 9 BOOK OF ECCLESIASTES: MAKE YOUR

Come join Pastor Daniel in this 3-week class and discover what things matter in life and how to live today to its fullest through understanding the book of Ecclesiastes. 3 - 4:30 pm, 10/F Classroom.

OUTREACH

IUN 1 DRAGON BOAT FESTIVAL HOME VISITS

Hope of the City is partnering with Hong Kong Evangelical Yan Kei Church to carry out this home visit in Cheung Sha Wan district. We are looking for 15 volunteers to care for the families, share the love of Jesus and deliver gift bags on June 1 (Sat), from 2 - 5 pm. For more info, volunteer@hopeofthecity.com

JUN 15 celebrating world refugee day

Join us for an afternoon of food and fellowship to celebrating World Refugee Day. Enjoy a home cooked-meal prepared by our refugee brothers and sisters, and take the chance to learn more about their cultures. Free of charge. Please sign up by 9 June at bit.ly/celebratingwrd

IUL 24 JEJU MISSION TRIP

Info Session: Today / Registration Deadline: 7 June

This summer, we are reaching out to Korean students from north and south at a week-long English Camp through Bible classes, cultural activities and more. Come to our Info Session on May 26, 1:30 - 3 pm, 10/F Classoom to learn more or email go@islandecc.hk. Priorities will be given to Korean and Mandarin speakers.

OPPORTUNITIES

For more information about the below opportunities, go to islandecc.hk/about-us/employment-opportunities. If you are interested, send your CV and cover letter to hr@islandecc.hk.

- · Creative Video Producer
- Graphic Design Assistant
- Equipping & Care Group Ministry Administrator

GENERAL OFFERING

LAST 2 WEEKS (Thousands HKD)

14 May 20 May Budget 1.532 1.532 Giving 922 593 Variance (610)(939)

YEAR TO DATE

(38 Weeks) Budget \$58.2M Giving \$59.6M Variance \$1.4M 2.4%

BOLD FAITH FUND

Received \$152.1 M Outstanding Pledged \$18.4 M

GIVING TO ISLAND ECC

We encourage those who consider Island ECC their church home to prayerfully give a percentage of their income to the church on a regular basis.

Cheques payable: 'Island ECC Ltd' for Hong Kong tax receipts or 'Friends of Hong Kong Charities Inc' for US tax receipts.

Enquiries: giving@islandecc.hk

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