

# Self Check-In

*And you were dead in the trespasses and sins <sup>2</sup> in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience – <sup>3</sup> among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind. <sup>4</sup> But God, being rich in mercy, because of the great love with which He loved us, <sup>5</sup> even when we were dead in our trespasses, made us alive together with Christ – by grace you have been saved.*

Ephesians 2:1-5

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# Self Check-In

- 1) What are some ways that you find yourself trying to “keep up” with people around you?
- 2) What does it mean to be discontent? Do you ever feel this way? Why or why not?
- 3) The Apostle Paul is adamant about trusting in God as the “secret” to contentment. Do you find this to be an easy or hard thing to do in your life? Why?
- 4) Do you feel pressure to gain the approval of people over God? How do you find a balance between setting boundaries in your life and pleasing others?
- 5) Count your blessings. Write at least 10 of them down.
- 6) Read Psalm 23 together with your group. Discuss how the Lord being our Shepherd can guide us on the journey of life.

**Are you new here?**  
**We'd love to invite you to our Newcomers Lunch.**  
 Let's get to know each other!

Name  
Email  
Phone

✂ TEAR OFF THIS CORNER AND  
PLACE INTO THE OFFERING BAG

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FLIGHT NO. QB633

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May 12 2019  
GATE A21

## HIGHLIGHTS

### TODAY **BABY DEDICATION**

We are delighted today to join the Ng family in the dedication of their child to the Lord: Caleb Nathanael Ng, born 31 July 2018 to parents Kelvin & Rebecca (9:30am, 10/F). We warmly welcome all family and friends visiting for this occasion.

### MAY 18 **PRAYER RETREAT AT 633**

Get time away to be with others to connect with a loving God. We meet on 2/F from 10 am – 4 pm with private time, sharing in small groups, and corporate prayer. Lunch is included. Register at [islandecc.hk/retreat633](http://islandecc.hk/retreat633). For more info, email [prayer@islandecc.hk](mailto:prayer@islandecc.hk).

### MAY 21 **MF SUMMER PROGRAM: FIGHTING FIT GROUP**

Let's honour God with our bodies this summer and restore our health! Understand your bodies by completing a full body assessment, set fitness goals, and participate in our very own fitness test that is benchmarked against the Singaporean military! Fees are \$300/person for 3 sessions. Register at 1/F Connect Counter. 7 – 9:30 pm, 10/F.

### MAY 23 **INTERNET SAFETY: PROTECTING OUR CONNECTED KIDS**

Technology seems to be moving at the speed of light and it can be hard to keep up. As parents, we need to stay as updated as possible. Join us for a discussion on how to monitor and encourage healthy online activity and talk through Internet safety for our kids. Register online at: [islandecc.hk/internetfamilysafety](http://islandecc.hk/internetfamilysafety)

### MAY 24 **MOVEMENT DAY**

Join with other Hong Kong churches for Movement Day, an event with a vision to unite and empower Christian leaders to change our city through the Gospel. It is a bilingual event held at EFCC Kong Fok Church in Admiralty, and features great sessions and specialised tracks on addressing pressing urban issues. Register for free at [movementday.hk](http://movementday.hk)

### JUN 1-2 **“THERE IS MORE!” WOMEN’S RETREAT 2019**

Come away with the sisterhood to move and reach towards what God has dreamed for all His daughters. In two amazing days, we will hear impactful preaching from 3 women leaders in our city, share deep connection and have tons of fun. Limited spaces. Sign up now at 1/F Connect Counter or visit [islandecc.hk/womensretreat](http://islandecc.hk/womensretreat)

### JUN 28 **ISLAND YOUTH SUMMER CAMP 2019**

Island Youth Summer Camp is back! Between June 28-July 3, we are travelling to the beautiful beaches and jungles of Kuala Lumpur. We will be staying at the all-inclusive ClubMed Resort. There will be worship, Bible study, teaching, small groups, games, food, beaches and more! Sign up at: [tinyurl.com/iysummecamp2019](http://tinyurl.com/iysummecamp2019)

## CLASSES & SUPPORT GROUPS

To register and for more information on the following classes, go to [islandecc.hk/classes](http://islandecc.hk/classes)

### MAY 15 **BOOK OF REVELATION: UNRAVELLED**

Come join Martin Radford in this 7-week class to find out more. Register at 1/F Connect Counter. \$150 fee includes two books. 7:30 – 9:30 pm, 10/F Auditorium. Limited seats left.

### MAY 16 **JOIN A NEW CARE GROUP**

Not in a Care Group yet? Come join our 6-week Care Group study that follows the Bon Voyage sermon series! Sign up at [islandecc.hk/cgform](http://islandecc.hk/cgform) and come on Thursday, 7:30 – 9:30 pm, 2/F Auditorium.

### MAY 16 **GRIEF SUPPORT GROUP**

Have you lost a spouse, family member or friend? Are you grieving or struggling to process the loss. This 6-week support group, led by caring professionals, is a safe place to share and learn from each other about the journey of grief. 7:30 – 9:30pm, 10/F Living Room.

### JUN 2 **ISLAND SEMINAR: FAITH AND LEGAL ARRANGEMENTS**

If you or your parents are aging or like to plan ahead, then come to this seminar where Angelina Luk will address some proactive legal arrangements that are vital to making the later years of one's life more enjoyable by removing inconveniences. 3:30 – 5 pm, 10/F Auditorium.

## OUTREACH

### MAY 18 **NORTH POINT ELDERLY HOME VISITS**

As Dragon Boat Festival is approaching, Hope of the City is partnering with Hong Kong Family Welfare Society to visit the elderly living in Healthy Village Estate in North Point. We are looking for 15 volunteers to deliver gift bags and care for the elderly on Saturday, 9 am – 12 pm. For more info, email [volunteer@hopeofthecity.com](mailto:volunteer@hopeofthecity.com)

### JUL 20 **TAIWAN MISSION TRIP APPLICATION OPEN**

**Registration Deadline: May 19**

For the 7th year, we are serving the aboriginal students by hosting a Vacation Bible School (VBS) at a local school in Jinlun village, Taitung. VBS plays a pivotal role in community transformation. Join us to serve the kids together with the love of Jesus. For more information and to apply, email [go@islandecc.hk](mailto:go@islandecc.hk)

## OPPORTUNITIES

For more information about the below opportunities, go to [islandecc.hk/about-us/employment-opportunities](http://islandecc.hk/about-us/employment-opportunities). If you are interested, send your CV and cover letter to [hr@islandecc.hk](mailto:hr@islandecc.hk).

- Creative Video Producer
- Graphic Design Assistant
- Financial System Analyst
- Equipping & Care Group Ministry Administrator

#### GENERAL OFFERING

##### LAST 2 WEEKS (Thousands HKD)

	29 Apr	6 May
Budget	1,532	1,532
Giving	1,083	1,386
Variance	(449)	(146)

##### YEAR TO DATE

	(36 Weeks)
Budget	\$55.2M
Giving	\$58.1M
<b>Variance</b>	<b>\$2.9M</b> 5.3%

#### BOLD FAITH FUND

Received	\$151.5 M	Outstanding Pledged	\$18.2 M
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#### GIVING TO ISLAND ECC

We encourage those who consider Island ECC their church home to prayerfully give a percentage of their income to the church on a regular basis.

Cheques payable: 'Island ECC Ltd' for Hong Kong tax receipts or 'Friends of Hong Kong Charities Inc' for US tax receipts.

Enquiries: [giving@islandecc.hk](mailto:giving@islandecc.hk)